

Medication Information

Mirapex

Mirapex (pramipexole) is a medication used to treat Parkinson's Disease and Restless Legs Syndrome. There is evidence that it can also be effective as an adjunctive medication for treatment resistant depression. The usual daily dose is between 0.5 and 3 mg with gradual titration.

Precautions: Some patients on Mirapex have reported suddenly falling asleep during normal daily activities. Because this medication can cause drowsiness, dizziness, or blurred vision, do not drive or operate heavy machinery until you know how you will be affected. Patients with bipolar mood disorders may experience manic breakthroughs or psychotic symptoms. Dose reductions are recommended for patients with decreased renal function. It is best to avoid any use of alcohol or street drugs when taking this medication. If there is a possibility you may become pregnant or breast feed, consult with your physician.

Common side effects include: sleepiness, nausea, dizziness, constipation, fatigue, weakness, hallucinations, confusion, muscle cramps or stiffness, insomnia, urinary frequency. Other adverse effects not listed here may occur. Contact your physician if you develop any unusual or disturbing symptoms.

Alternative Treatments: Other medications used for resistant depression include: combinations of antidepressants, Lithium, thyroid hormone, stimulants, MAOIs, Lamictal, and atypical antipsychotics, as well as the nutrients folic acid and DHEA. Various forms of psychotherapy are also often beneficial. Inadequately treated depressive disorder tends to become more severe and chronic.