

Medication Information

Anti-Cholinergic

Anti-Cholinergic medications are primarily used to treat movement disorders called extra pyramidal symptoms or EPS which can be side effects of antipsychotic medications. These include restlessness, stiffness, slowness, spasm, and tremor. The daily dose varies among the specific medications.

Precautions: Because these medications can cause blurred vision, do not drive or operate heavy machinery until you know how you will be affected. It is best to avoid any use of alcohol or street drugs when taking these medications. If there is a possibility you may become pregnant or breast feed, consult with your physician.

Common side effects include: dry mouth, blurred vision, constipation, urinary retention, nausea, rapid heartbeat, and heat sensitivity. Other adverse effects not listed here may occur. Contact your physician if you develop any unusual or disturbing symptoms.

Alternative Treatments: Other medications used to treat EPS include beta-blockers, and benzodiazepines. There are no known "natural" treatments for these symptoms.