

Medication Information

Atarax

Indications: Atarax (hydroxyzine) is used to treat allergies, anxiety, & nausea/vomiting.

Precautions:

Before you take Atarax, tell your doctor if you have liver or kidney disease or seizures.

Do not drive or operate heavy machinery until you know how the medication affects you.

Avoid alcohol & street drugs while taking Atarax.

Notify your doctor if you become or are planning to become pregnant.

Possible Side Effects Include:

Stop taking Atarax at once if you develop: seizures (convulsions), confusion, tremors, or abnormal muscle movements.

Other side effects may include: dizziness, drowsiness, dry mouth, blurred vision, & headaches.

Alternate Treatments:

Other antianxiety medications include: Buspar, antidepressants (such as Prozac, Paxil, Zoloft, Celexa, Lexapro), and benzodiazepines (such as Valium, Klonopin, Ativan, Xanax). Various forms of psychotherapy are often helpful.