

## Medication Information

### Campral

Campral (acamprosate) is a medication used to reduce craving and maintain abstinence in patients with alcohol dependence. The usual daily dose is 666 mg.

**Precautions:** Patients with severe kidney disease should not take Campral, and it has been associated with depression and suicidal thoughts in some patients. Because this medication can impair judgment and motor skills, do not drive or operate heavy machinery until you know how you will be affected. If there is a possibility you may become pregnant or breast feed, consult with your physician.

**Common side effects include:** weakness and diarrhea. Other adverse effects not listed here may occur. Contact your physician if you develop any unusual or disturbing symptoms.

**Alternative Treatments:** Antabuse, Naltrexone, Alcoholics Anonymous, and various forms of psychotherapy.